

Holy Communion

Welcome

Hymn

The Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Lord be with you
and also with you.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets
are hidden:
cleanse the thoughts of our
hearts by the inspiration of
your Holy Spirit,
that we may perfectly love
you, and worthily magnify
your holy name;
through Christ our Lord.
Amen.**

Prayers of Penitence and Absolution

Jesus, full of the Holy Spirit,
returned from the Jordan and
was led by the Spirit into the
wilderness, where for forty days
he was tempted by the devil.

Let us confess our sins
remembering before God the
times when we have fallen from
temptation into sin.

Let us confess our sins

**Most merciful God, Father of our
Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our
whole heart.
We have not loved our
neighbours as ourselves.
In your mercy forgive what we
have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love
mercy,
and walk humbly with you, our
God.
Amen.**

The president says

Almighty God,
who forgives all who truly repent,
have mercy upon you/us,
pardon and deliver you/us from
all your / our sins,
confirm and strengthen you/us in
all goodness,
and keep you/us in life eternal;
through Jesus Christ our Lord.
Amen.

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you
thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the
Father,
Lord God, Lamb of God,
you take away the sin of the
world:
have mercy on us;
you are seated at the right hand
of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,**

**you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect (*The collect is
the prayer of the day*)

*The president introduces a period
of silent prayer with the words
'Let us pray' or a more specific
bidding, the prayer ends with,
Amen*

Let us Pray

Heavenly Father,
your Son battled with the powers
of darkness,
and grew closer to you in the
desert:
help us to use these days to grow
in wisdom and prayer
that we may witness to your saving
love
in Jesus Christ our Lord.

The Ministry of the Word

Reading

Gospel Reading

*When the Gospel is announced
the reader says.*

Hear the Gospel of our Lord Jesus Christ according to N.
Glory to you, O Lord.

Mark:1:9-15

At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased." At once the Spirit sent him out into the wilderness, and he was in the wilderness forty days, being tempted by Satan. He was with the wild animals, and angels attended him. After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

we stand to say the Nicene Creed, or another affirmation of faith

The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father,
and the Son
who with the Father and the Son
is worshipped and glorified,
who has spoken through the
prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection of
the dead,
and the life of the world to
come.**

Amen.

Prayers of Intercession

Responses as announced or

Lord in your mercy,
Hear our prayer

And at the end this or similar

**Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Liturgy of the Sacrament / The Lords Supper

The Peace

*The President may use an
introduction to the peace*

The peace of the Lord be always
with you
and also with you.

Let us offer one another a sign of
peace.

All may exchange a sign of peace.

Preparation of the Table

*The gifts of the people may
presented.*

*The table is prepared and bread
and wine are placed upon it.*

*The president takes the bread and
wine.*

The Eucharistic Prayer

The Lord be with you
and also with you.

All

Lift up your hearts.
All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

Blessed are you, Lord God,
our light and our salvation;
to you be glory and praise for ever.

From the beginning you have created all things
and all your works echo the silent music of your praise.
In the fullness of time you made us in your image,
the crown of all creation.

You give us breath and speech, that with angels and archangels and all the powers of heaven

we may find a voice to sing your praise:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

How wonderful the work of your hands, O Lord.

As a mother tenderly gathers her children, you embraced a people as your own. When they turned away and rebelled your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary, to be the living bread, in whom all our hungers are satisfied.

He offered his life for
sinners,
and with a love
stronger than death
he opened wide his
arms on the cross.
On the night before he
died,
he came to supper
with his friends
and, taking bread, he
gave you thanks.
He broke it and gave it
to them, saying:
Take, eat; this is my
body which is given
for you;
do this in
remembrance of me.
At the end of supper,
taking the cup of wine,
he gave you thanks,
and said:
Drink this, all of you;
this is my blood of the
new covenant,
which is shed for you
and for many for the
forgiveness of sins.
Do this, as often as
you drink it, in
remembrance of me.

**Father, we plead with
confidence
his sacrifice made
once for all upon the
cross;
we remember his
dying and rising in
glory,
and we rejoice that
he intercedes for us
at your right hand.**

Pour out your Holy
Spirit as we bring
before you
these gifts of your
creation;
may they be for us the
body and blood of
your dear Son.

As we eat and drink
these holy things in
your presence,
form us in the likeness
of Christ,
and build us into a

living temple to your
glory.

Remember, Lord, your
Church in every land.
Reveal her unity,
guard her faith,
and preserve her in
peace ...

Bring us at the last
with [*N and*] all the
saints
to the vision of that
eternal splendour
for which you have
created us;
through Jesus Christ,
our Lord,
by whom, with whom,
and in whom,
with all who stand
before you in earth
and heaven,
we worship you,
Father almighty, in
songs of everlasting
praise:

All **Blessing and honour
and glory and power
be yours for ever and
ever.
Amen.**

The Lord's Prayer

As our Saviour taught us, so we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we
forgive those who sin against
us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.

**Though we are many, we
are one body, because we
all share in one bread.**

*The president breaks the
consecrated bread.*

Giving of Communion

*Let us pray with confidence as our
Saviour taught us:*

Draw near with faith.
**Our Father, who art in
heaven, hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily
bread.
And forgive us our trespasses
as we forgive those who
trespass against us.
And lead us not into
temptation; but deliver us
from evil.
For thine is the kingdom, the
power and the glory
For ever and ever.
Amen**

Receive the body of our Lord
Jesus Christ which he gave for
you,
and his blood which he shed for
you.
Eat and drink in remembrance
that he died for you,
and feed on him in your hearts by
faith with thanksgiving.

The president gives the invitation
to communion

Most merciful Lord,
your love compels us to come in.
Our hands were unclean,
our hearts were unprepared;
we were not fit
even to eat the crumbs from
under your table.
But you, Lord, are the God of our
salvation,
and share your bread with
sinners.
So cleanse and feed us
with the precious body and
blood of your Son,
that he may live in us and we in
him;

and that we, with the whole company of Christ, may sit and eat in your kingdom.

Amen.

The Agnus Dei may be said or sung

**Lamb of God,
you take away the sin of the world, have mercy on us.**

**Lamb of God,
you take away the sin of the world, have mercy on us.**

**Lamb of God,
you take away the sin of the world, grant us peace.**

The president and people receive communion.

These words of distribution may be said and the communicant replies

The body of Christ /The blood of Christ

Amen.

Prayer after Communion

Silence is kept.

**Almighty God,
we thank you for feeding us
with the body and blood of your**

Son Jesus Christ.

**Through him we offer you
our souls and bodies to be a
living sacrifice.**

Send us out

**in the power of your Spirit
to live and work**

to your praise and glory.

Amen.

Notices

Blessing

A blessing will be given

A minister says this or similar

Go in peace to love and serve the Lord.

In the name of Christ.

Amen.

The ministers and people depart.

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